

Proclamation

WHEREAS, 2018 marks the 24th year of "National Men's Health Week;" and

WHEREAS, this week serves to help educate men and their families about the importance of positive health attitudes and preventive health practices; and

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with African American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventive health practices will be more likely to participate in health screenings; and

WHEREAS, New Jersey Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes and prostate, testicular and colon cancer; and

WHEREAS, the residents of the Garden State are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups;

NOW, THEREFORE, I, PHILIP D. MURPHY, Governor of the State of New Jersey, do hereby proclaim:

## JUNE 11 THROUGH JUNE 17, 2018 AS MEN'S HEALTH WEEK

in New Jersey and encourage residents to pursue preventive health practices and early detection efforts.



GIVEN, under my hand and the Great Seal of the State of New Jersey, this thirty-first of May in the year two thousand eighteen, the two hundred forty-second year of the Independence of the United States.

Reily Dein Lt. GOVERNOR